

## Food, Drink and Medievalism

Organisation : Justine Breton (Sama, Université de Lorraine), Alban Gautier (Centre Michel de Bouïard, Université de Caen) et Aude Mairey (LaMOP, CNRS-Université Paris 1)

Eating, drinking and, more generally, dietary habits, are an important dimension of modern representations of the medieval world, whether they tend towards realism or belong to the field of fantasy. From Walter Scott to J. R. R. Tolkien, from cinema and comic books to marketing and living history, the Middle Ages is seen either as a period when food and drink were available aplenty, to the point of excess and hubris, or as the reign of famine and inedible foodstuffs: between nostalgia and imagination, it is both a template and a foil. Despite this ubiquity of food and drink in representations of the Middle Ages, this topic has not received much scholarly attention in the field of medievalism studies. With this seminar, we aim to foster reflections on this subject by allowing scholars of several disciplines (history, literature, art history, anthropology...), whether they are themselves medievalists or not, to present their work on a diversity of projects and case studies, completed or in progress.

The sessions of our seminar will take place in Paris, in the Sorbonne (salle Jean-Baptiste Duroselle) and by Zoom, on Fridays 13 February and 13 March 2026 afternoons.

Inscription : contact Aude Mairey ([aude.mairey@univ-paris1.fr](mailto:aude.mairey@univ-paris1.fr))

### Program :

*13 février :*

- Alban Gautier, Introduction : Alimentation et médiévalisme : un territoire à explorer
- Justine Breton, Tables de fiction : Étude des livres de recettes issus d'univers médiévalistes fictionnels
- Audrey Tuillon Demésy (Université Marie et Louis Pasteur, laboratoire C3S), « Une bonne partie de la journée est consacrée à la cuisine ». Les pratiques alimentaires en reconstitution historique

*13 mars :*

- Noëlle Philips (Department of English, Douglas College), Forgotten Alewives : Masculine Medievalism in Modern Beer Marketing
- Yohann Chanoir (Sciences Po Reims, chercheur associé au CRH), Les pratiques alimentaires dans les films médiévalistes : une mise en (s)-cène ?
- Aude Mairey, L'alimentation dans *Bilbo le Hobbit* et le *Seigneur des anneaux*